



***Working Together....Changing
Outcomes.....Changing Lives***

DYNAMIC TWO-DAY WORKSHOP

To assist with Identifying, Assessing and Managing
Homeless/Mental Health Cases

AUGUST 27 AND 28, 2018

Salt Spring Lions Hall (103 Bonnet Avenue)

9:00 am - 4:00 pm

LUNCH WILL BE PROVIDED

Workshop is free of charge

RSVP to Deanna Kameka – dkameka@ssics.ca – or call 250-537-9971 ext. 249

REGISTRATION DEADLINE: August 15, 2018

Working Together....Changing Outcomes.....Changing lives

As part of the Crime Reduction and Community Safety project Community Services is developing, we invite you to join us for a two-day workshop facilitated by Vikki Reynolds on **August 27 and 28, 2018.**

Vikki Reynolds is a Consultant, Instructor and Supervisor specializing in Team Development, Resisting Burnout and Organizational Change. Her work addresses Addiction, Substance Misuse, Diversity, Homelessness, Trauma and Violence. (see www.vikkireynolds.ca)

The focus of this workshop will be to provide training to stakeholders and direct service staff to assist with identifying, assessing and managing homeless/mental health cases. A portion of the workshop will touch on vicarious trauma and staff burnout.

This experiential workshop will explore:

- A social justice informed approach to working with people suffering from homelessness, 'trauma' and other forms of oppression and hardship.
- Our own qualifications for this work, and the values and ethics we hold collectively.
- The ways 'trauma' occurs, particularly for people experiencing homelessness, and how it can be understood as the 'usual suspects': trauma addiction and mental illness.
- Trauma and related behaviours/avoidance, numbing, intrusion, hyper-arousal
- Responding with dignity and respect to others suffering: "Trauma Informed Practice."
- Our own responses to working alongside people impacted by trauma and how we can resist vicarious trauma with collective care as opposed to self-care.
- Practices of resisting disconnection and enmeshment, and staying with connection: to ourselves, our bodies, our emotions, our collective ethics, and to each other.

We will also look at the work we are most proud of, and how we can do more of this work. Additionally, Vikki will support us with reconnecting to each other and committing to our calls to action.

As we work together to create a community of practice to serve homeless people, we invite you and/or your staff who are interested, to attend.