

Resisting Vicarious Trauma With Collective Care & Justice-Doing

9AM — 4PM on May 4, 2018

**La Perla Ballroom, New Westminster, BC
810 Quayside Dr #204, New Westminster, BC**

**The Children's Foundation (TCF) is pleased to be hosting a workshop with
Vikki Reynolds, PHD RCC
on Resisting Vicarious Trauma with Collective Care & Justice-Doing**

In this experiential workshop, Vikki offers an alternative approach to the notion of vicarious trauma and worker burnout.

Folks working with people struggling with addiction, poverty, violence and oppression are often told that they will “burn out”, and that is the connection to the client’s pain that ‘traumatizes’ them. Contrary to this, is a story of sustainability— how our collective work sustains us, nourishes our hope, invites us to honour the resistance and strength that we witness in the people who we work alongside, and allows us to work congruently with our ethics.

This experiential workshop will address our collective ethics and what is at the heart of our work, and practices of collective care as opposed to self-care. Workers will be invited to begin to build their own “Solidarity Team”; examining who stands alongside them, what ideas and practices sustain them, and how they might act to help each other when burnout attacks.



Vikki Reynolds PhD RCC is an activist/therapist who works to bridge the worlds of social justice activism with community work and therapy. Her experience includes supervision and therapy with refugees and survivors of torture, sexualized violence counsellors, mental health and substance misuse counsellors, housing and shelter workers, activists and working alongside gender and sexually diverse communities. Vikki teaches with VCC, UBC, Adler University and with City University of Seattle, Vancouver. She has written and presented internationally on the subjects of resistance to ‘trauma’, ally work, justice-doing, a supervision of solidarity, ethics, and innovative group work.

Who Should Attend?

- Caregivers and Parents
- School Staff
- Social Workers and Mental Health Workers
- Counsellors and Psychologists
- Nurses, Probation Officers, and Child Care Workers who want more ways to help children and youth exposed to trauma

PLACE: La Perla Ballroom
810 Quayside Dr #204, New Westminster, BC

DATE: Friday, May 4, 2018

TIME: 9:00am - 4:00pm

TUITION: \$150.00

Student Rate: \$130.00 (copy of student card required)

Refund Policy: A full refund can be issued with notification at least 7 days prior to the workshop.

C.E.U.'s applied for : Canadian Counselling Association

Schedule of Day

8:00am	Registration (Refreshment served)	12:00pm - 1:00pm	Lunch (Lunch served)
9:00am - 10:30am	Session (prompt start of the workshop)	1:00pm - 2:15pm	Session
10:30am - 10:45am	Break	2:15pm - 2:30pm	Break
10:45am - 12:00pm	Session	2:30pm - 4:00pm	Session /Q&A

(Refreshments and lunch included. Vegetarian choices will be available at lunch. Special diets feel free to bring food.)

[Register online](#) or fill out this Registration Form

Payment due upon registration

Name Organization

Address City Postal Code

Phone Fax Email

Payment Method: VISA MC Cheque (payable to "The Children's Foundation")

Name on Card

Card Number Expiry Date

Completed form can be sent to: **2750 East 18th Ave, Vancouver, BC V5M 4W8**
or fax: **604-434-9938**.

Check here if you would like an email notice of future training opportunities.

For more information, please contact us at **604-434-9101**.

