



## Northeast Regional Victim Services Presents

### **DR. VIKKI REYNOLDS**



## **Turning burnout into collective care workshop**

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This invigorating and powerful one-day workshop offers an alternative approach to the notion of worker burnout. Those working with people struggling are often told that they will “burn out”. Contrary to this is a story of sustainability; how our collective work sustains us, nourishes our hope, invites us to honor the resistance and strength we witness. This experiential workshop will address our collective ethics and practices of collective care as opposed to self care.

**April 20<sup>th</sup> from 9am-4pm**

Kerry Vickar Center in Melfort

Registration Fee: \$50

Registration Deadline: March 15, 2018

Includes snacks and Lunch

**For more information on this event or to register please contact Victim Services at 306-878-3819 or email [Tanya.brakstad@rcmp-grc.gc.ca](mailto:Tanya.brakstad@rcmp-grc.gc.ca)**

