



**Northeast Regional Victim Services Presents**

## **DR. VIKKI REYNOLDS**



### **Turning burnout into collective care workshop**

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This invigorating and powerful one-day workshop offers an alternative approach to the notion of worker burnout. Those working with people struggling are often told that they will “burn out”. Contrary to this is a story of sustainability; how our collective work sustains us, nourishes our hope, invites us to honor the resistance and strength we witness. This experiential workshop will address our collective ethics and practices of collective care as opposed to self care.

**Saturday, April 21- Tisdale Civic Center**

**Workshop 9am-4pm-lunch included**

**Volunteer Appreciation Event 5pm-8pm**

**Supper at 5:30pm**

Registration Deadline: March 15, 2018

Please email [Tanya.brakstad@rcmp-grc.gc.ca](mailto:Tanya.brakstad@rcmp-grc.gc.ca) to sign up for this event

